

### OVERVIEW SEXUAL VIOLENCE PREVENTION, SUPPORT & RESPONSE

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### Acknowledging the Traditional Lands



As we gather together to begin this training we must remember that no matter where we are right now we are gathered on Indigenous land. We acknowledge this land on which the University of Toronto operates. For thousands of years it has been the traditional land of the Huron-Wendat, the Seneca, and most recently, the Mississaugas of the Credit River.

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# **Engagement Guidelines**





# Sexual Violence Prevention & Support Centre

We recognize that individual needs, circumstances, and choices are unique.

Our core principles and practices are anti-oppressive and trauma-informed.

# **Key Concept**

### **Defining Sexual Violence**

University's *Policy on Sexual Violence and Sexual Harassment*, sexual violence is:

"Any sexual act or act targeting a person's sexuality, gender identity or gender expression, whether the act is physical or psychological in nature, that is committed, threatened or attempted against a person without the person's consent".

# **Key Concept**

The decision to Disclose and the decision to Report are separate decisions. A Disclosure **does not** result in a Report being made and does not initiate a process to address the Incident of Sexual Violence.

#### **Disclose:**

"The sharing of information by an individual with a Member of the University Community regarding an Incident of Sexual Violence experience by that individual."

#### **Report:**

"The sharing of information by an individual with a designated Member of the University Community regarding an Incident of Sexual Violence experienced by that individual, with the intention of initiating one of the processes set out in this Policy, which could result in disciplinary action being taken against the Member of the University Community alleged to have committed Sexual Violence."

# **Key Concept**

**Consent:** The voluntary agreement of an individual to engage in a sexual act; is positive, active and ongoing, and can be revoked at any time.

Consent is **NOT** obtained where a person is incapable of consenting – for example due to intoxication, or where a person is induced to engage in the activity by someone abusing a **position of trust, power or authority**.

# Building Consent Culture: A Socio-Ecological Model

- Understanding consent
- Self-reflection on your own practices

### Individual

### Relationship

- Practicing respectful interactions with other people
- Challenging oppression in individual
  - relationships

#### Creating and enforcing antioppression policies

### Community

### Society

- Challenging sexual violence myths
- Promoting norms related to positive, respectful interactions

### **Receiving Disclosures: Use the CALM Model**

• **C** – Create a safe environment (virtually or physically)

• A – Avoid asking detailed questions. *Disclose your limitations* to confidentiality

• L – Listen and validate the survivor's experience.

• M – Make connections. Connect with your supervisor and share Centre information with the survivor

# **Education**

### **1. Online Modules:**

• Sexual Violence Prevention Education Module Tailored versions for Students, Staff & Faculty

### 2. Workshops:

- Skills for Responding to Disclosures of Sexual Violence: Using a Trauma-Informed Approach
- What is Harassment? Tools for Identifying and Addressing Racial and Sexual Harassment in the Workplace (Delivered in partnership with the Anti-Racism & Cultural Diversity Office)
- Building Consent Culture
- 3. Campaigns & Programs

# Support

People affected by sexual violence need a welcoming, safe, and confidential space where they can talk to caring professionals and learn about their options. This is what we provide to the U of T community

#### We Offer:

- A supportive environment to share an experience of sexual violence and explore needs and options
- Consultations
- Coordination of services & accommodations
- Support navigating resources (UofT & Community)
- Assistance with reporting under the SVSH Policy or to the police
- Emotional support
  - Do not provide counselling

# Reports

Reporting involves telling a designated person at the University about an incident of sexual violence for the purpose of initiating official University procedures.

Info. Intake Assessment Investigation Decision Making

The decision to report is an individual choice, and it is important that people have the ability to make an informed decision as to whether, and when to, make a report.

# **Thank You**

SVPS Centre's Contact Information:

W: <u>www.svpscentre.utoronto.ca</u>

- E: <u>svpscentre@utoronto.ca</u>
- P: 416-978-2266

Introduction Video: <u>https://www.youtube.com/watch?</u> <u>v=jVlgCtEE9vw</u>