

# Faculty of Kinesiology and Physical Education

## Programs and Services for All Registered U of T Students

### Physical Activity, Sport, and Student Development



#### Physical Activity

Drop-in sports  
Aquatics, Nutrition  
Registered Instruction  
Drop-in fitness  
Personal Training  
Dance, Fitness  
Strength &  
Conditioning



#### Sport

Intramurals  
Clubs  
Intercollegiate  
Tri-Campus  
Development League  
High Performance



#### Facilities

3 pools  
9 gyms  
2 tracks  
5 fields  
1 arena  
11 squash courts  
2 studios  
2 strength &  
conditioning centres  
8 change rooms



#### Move U & Equity Movement

Mobile Move U,  
Movement and Brain  
Breaks  
  
Fun Ideas Fund, Soar  
Initiative, Pride



#### Student Employment & Leadership

Employment,  
Placements,  
Training, Workshops,  
Governance